

The Burdens of the present times

Scripture Reading: Matthew 11:27-30

It is very important to be thoughtful about the true status of our life. When we go through defeat, being cheated, depressed, pushed into poverty and sickness, the results of it will surely not make us joyful but rather be a burden unto us. Many are burdened by such things in life.

Those who are too much burdened in life are usually murmurers. Once they begin the day, they would murmur about the food they eat, students would usually murmur against the school and their teachers, the teachers murmur against the students, people against the government and the government against the people. Such people will not be able to experience the goodness of life. We are born crying and we live murmuring.

A zoology lecturer sighed saying, "What a life is this? Each day I go to the college just to see frogs and cockroaches." Such people do not rejoice in what they do but rather count it as a burden. Are we rejoicing and experiencing the goodness of life or are we considering it as a burden.

Such people can be categorized into three groups: 1. People with negative attitude. 2. Those that are always focused on pleasures. 3. People with positive attitude.

People with negative attitude will always view life as defeated, they are always depressed and would want to run away from life. Their lives are filled with bitterness.

Those who are always focused on pleasure have not got the right view of life. They take things for granted and despise the most important aspects of life. They not just despise but also mock at the serious issues of life. Such people's lives are filled with uncleanness.

People with positive attitude are always focused, planned, and meaningful and they would have a goal to attain. They live the fullness of life. Such people's lives are filled with goodness and they excel in everything.

Those who've burdened their lives with their negative attitude are never joyful. Those who are passionate about pleasure will find their joy only in those mean pleasures but would not experience the goodness of life. Those with positive attitude will always seek for the true joy.

Only our Lord Jesus Christ can give us the true Joy. Those who come to him will find rest in these present times. Matthew 11:28

Questions:

1. Who are those who excel in everything?
2. Who alone can give the true joy?
3. Who will find rest in these present times?